



COACH SPEAK

SEPTEMBER 2026

**Bixby Spartan Football
will be respected as the
very best program in
Oklahoma at developing
student-athletes.**

Dear Spartans,

We are headed into Week 5 of our season with a 4-0 record (1-0 in district play). Our non-district schedule has been very challenging, as we faced Owasso, Jenks, and Stillwater before opening district play against Mustang. Each week, we have to bring our best, and our players have responded by coming out on top in several very close games.

Last week, we opened district play on the road at Mustang. Mustang is one of the best teams on the west side of the state and has Division I talent all over the field. It felt like déjà vu as we experienced another lightning delay before the game—the same thing happened in 2025! We were proud of the way our team stayed focused and got off to a great start. Ultimately, we came away with a 46-20 victory.

Our Week 2 matchup against Jenks was played at the University of Tulsa's H.A. Chapman Stadium. This was the inaugural QuikTrip "Battle for the Big Q." Our defense was outstanding in an old-school defensive struggle that came down to the very last play. Your Spartans came out on top with a 13-7 victory over the Jenks Trojans. Bixby has now won 10 of the last 12 matchups against the Trojans dating back to 2017.

Our Week 1 home opener against Stillwater was an amazing evening. Our home opener is traditionally Military Appreciation Night, and we were honored to recognize the veterans who have selflessly served our country in the armed forces. This special evening is sponsored by the [See September Update Pg. 2](#)



Military Appreciation Night Honorees:

Petty Officer 3rd Class Kent Smart
Gunnery Sergeant Joshua Addison
Captain Phillip Morgans
Sergeant Scott Dickerson
Lieutenant Colonel Dr Archibald S Miller III
Staff Sergeant John Callahan
Staff Sergeant Mike Davis
Sergeant First Class James "Tom" Sparks
Technical Sergeant Shonte Small
Staff Sergeant Michael Steven Kohnstamm
Master Sergeant Jeremiah Lassley
Gunnery Sergeant Dylan Levi Schaefer
Chief Warrant Officer 4 Bill Tinney
Specialist 4 Bill Wineland

September Update continued from pg. 1

Bixby Quarterback Club and organized by QBC members and parents Becky and Gareth Wilson. Military Appreciation Night also includes a WWII bomber flyover and special recognition of our veterans. We are grateful for the opportunity to honor those who have served our country.

Our Week 0 opener at Owasso was an excellent game played in a great atmosphere. Our players traveled on the road in extreme heat and responded with an outstanding performance. We came away with a 35-27 victory, and many of our inexperienced starters gained valuable experience in an exciting high school football environment.

Consistent – “The Right Way, Every Day” Consistency is quite possibly the most important Core Value in our program. On Wednesday of our bye week, we celebrated our “Steak Eaters”—the players who maintained 100% attendance throughout spring football, team camp, and summer SPA. It was a great evening, and we enjoyed recognizing these players for demonstrating our Core Value of Consistency through their commitment and dedication.

Selfless – “Less Me, More We” Selflessness is a major emphasis in our program because football is the ultimate team sport. Success requires our players to set aside personal agendas and commit themselves fully to the team. We are proud of the players who continue to volunteer at our elementary schools through High Five Fridays, Color Runs, mentorship opportunities, and serving as guest readers. Our players understand that they are role models in our community, and they take that responsibility seriously.

Our 8th-grade, 9th-grade, and junior varsity teams are off to great starts. The developmental process at Bixby involves being deliberate and committed to excellence at every sub-varsity level. We currently have three 8th-grade teams, three 9th-grade teams, and two junior varsity teams competing each week. This structure allows us to provide our players with the valuable repetitions and game experience necessary for continued development.

Finally, we want to thank our Quarterback Club and Spartan Moms for everything they do to support our program. With six games on Mondays, two on Tuesdays, and one on Fridays, there is an incredible amount of work that goes into keeping our program running. Our Spartan Moms and QBC members work tirelessly to provide meals, nutrition, and hydration for our players. Their commitment makes a tremendous difference in the daily experience of our student-athletes.

If you haven’t volunteered or joined the [Quarterback Club](#), we encourage you to get involved! Your support is greatly appreciated and makes a difference in the lives of our players.

It’s a great day to be a Spartan!

Sincerely,
Coach Montgomery



SEPTEMBER S&C UPDATE

As we get deeper into the season, we want to make sure that while we are maintaining and driving strength and power outputs, we are also keeping the guys as fresh and as healthy as possible. We incorporate one recovery and mobility day throughout the week to address certain soft tissue and mobility needs to try and maximize health and keep the guys feeling good.

After the Jenks game, going into the bye week, we hit 90% or greater on the squat and bench, as well as hitting an 85% power clean to touch high strength and power thresholds, followed by a deload. We are now in a deload week and will slowly wave that intensity back up. We had a lot of guys able to still move 90% well or even go above that touching new heavy numbers in those lifts.

In addition to exposing the team to heavy numbers at certain times in the season, we have one French contrast day on Thursday to prime the nervous system for competition, getting our athletes springy and moving fast ready to play. That is added with more bodybuilding type work to maintain and build muscle mass.

We track body weight everyday in season and incorporate the bodybuilding training to keep the muscle mass on our guys. Higher percentages of lean body mass is one of the biggest indicators of injury resiliency and is extremely important in a contact sport like football. After we have deloaded in this new phase, we will wave the intensity and weights back up touching one more heavy window before dropping back down and moving fast in the postseason.



STEAK EATERS

TRIPP BAKKER	CADEN HILL	ASHER SHEPARD
MASON BALLARD	NATHAN HOBBS	COOPER SIMIC
LOGAN BLANKENSHIP	KARSON HOPKINS	LONDON THIENHARDT
CAIN BRACKNEY	JACK KNIGHT	WILLIAM TIPTON
BAYNES BRUMBLE	MATTHEW KOHNSTAMM	MADDEN TRAVIS
ISAIAH BUTCHER	BLAYZE LAKEY	COLTON TREAT
ISAIAH CANNON	ETHAN LARSEN	GAVIN WILSON
GAGE CHEATHAM	REECE MADDEN	GAVIN WINELAND
JACKSON COOPER	KYLER MCGUIRE	TRAE ARMSTRONG
COOPER CORNWELL	GUY MONTGOMERY	DOUG BEHRENS
HUNTER COX	TY MONTGOMERY	CORBIN BURCHETT
JIMMY DEARMON	JAKE NIELSEN	CHRIS COLE
JOEY DENNIS	ZAIN NOFAL	SHAWN DEBOSE
BLAKE DISHMAN	MILLER OUSLEY	TRENTON DERAMUS
JAXON DORSEY	KAEDEN PENNY	DRAKE GAMMON
BRENNEN DUFFEL	LUCAS POTERAS	MIKE INCREMONA
OSCAR FLORES	BEN PUCKETT	WILL MAAS
KAIDEN FLOWERS	ZANDER REYNOLDS	JACK MESERVY
LANDRY FLOWERS	JAX RICE	LOREN MONTGOMERY
LINCOLN FUGATE	RYNNICK RIDER	ANDREW O'NEILL
JAKE GERMAN	ZANE RYAN	TERRY QUIGLEY
JACK GILL	CIMONE SCARBOROUGH	CONNOR SEABA
COLTON GREEN	ELIJAH SCARBOROUGH	TREVOR SUFFAL
REED HAACK	WILLIAM SCHAUDT	
MAX HACKLER	BRADEN SEACREST	
LOGAN HADDON	COLE SEAGAR	
ANDREW HAVENS	BRAYDEN SECREST	
JACE HIGHTOWER	JUAN SERRANO	

2026 COLLEGE FOOTBALL

NEXT LEVEL SPARTANS

SEPTEMBER 25TH - 26TH SCHEDULE

JAYSON MOLL ALABAMA-BIRMINGHAM	W 24-20, FRIDAY AT 6 PM VS NAVY
CORD NOLAN TEXAS TECH	SATURDAY AT 11 AM VS SAM HOUSTON
TYLER WRIGHT KENTUCKY	SATURDAY AT 11:45 AM VS SOUTH ALABAMA
DEVONTA OWENS LINDENWOOD	SATURDAY AT 12 PM AT EASTERN MICHIGAN
JAKEB SNYDER CENTRAL MISSOURI	SATURDAY AT 1 PM AT MISSOURI SOUTHERN
PAYTON HAWKINS COLGATE	SATURDAY AT 1:30 PM AT VILLANOVA
SAM MCCORMICK PRINCETON	SATURDAY AT 2 PM VS ALBANY
BRANDON HOBBS SOUTHERN NAZARENE	SATURDAY AT 2 PM AT SOUTHEASTERN OKLAHOMA STATE
LUKE HASZ OLE MISS	SATURDAY AT 2:30 PM AT FLORIDA
KORDELL GOULDSBY WESTERN MICHIGAN	SATURDAY AT 2:30 PM VS BOISE STATE
BRAYDEN DARRELL SETON HILL	SATURDAY AT 3 PM AT INDIANA (PA)
JETT TURNER WILLIAM JEWELL	SATURDAY AT 3 PM VS MCKENDREE
PEYTON CHRONISTER, DOB DOH, TROY MCGLOTHLIN NORTHEASTERN OKLAHOMA A&M	SATURDAY AT 5 PM AT INDEPENDENCE CC

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2026 COLLEGE FOOTBALL

NEXT LEVEL SPARTANS

SEPTEMBER 25TH - 26TH SCHEDULE

GABE BLANKENSHIP, CARSON KIRBY, TROY NGUYEN NORTHEASTERN OKLAHOMA STATE	SATURDAY AT 5 PM AT STEPHEN F. AUSTIN
AUSTIN HAVENS MISSOURI S&T	SATURDAY AT 6 PM VS SOUTHWEST BAPTIST
ETHAN WILLIAMS OKLAHOMA BAPTIST	SATURDAY AT 6 PM VS SOUTHWESTERN OKLAHOMA STATE
JOSH NEWKIRK SOUTHERN ILLINOIS	SATURDAY AT 6 PM AT MURRAY STATE
BLAKE HOGSHOOTER, BRAEDEN PRESLEY, JACK PUCKETT OKLAHOMA STATE	SATURDAY AT 6 PM AT WEST VIRGINIA
GARRETT VAUGHN SOUTHWESTERN OKLAHOMA STATE	SATURDAY AT 6 PM AT OKLAHOMA BAPTIST
EMORY SNYDER WEST VIRGINIA	SATURDAY AT 6 PM VS OKLAHOMA STATE
COOPER PARKER HARDING	SATURDAY AT 7 PM AT OUACHITA BAPTIST
MILES HILL WEST TEXAS A&M	SATURDAY AT 7 PM VS MIDWESTERN STATE
JOE PETERS MISSOURI WESTERN	SATURDAY AT 7 PM VS FORT HAYS STATE
HANK PUCKETT, BRADLEY THAO, COOPER UPTON CENTRAL OKLAHOMA	SATURDAY AT 7 PM VS NORTHWEST MISSOURI STATE
BRODY DUFFEL, EVAN MCCLURE, TYSON WILLIAMS TULSA	SUNDAY AT 7 PM AT ARKANSAS

BIXBY
THE
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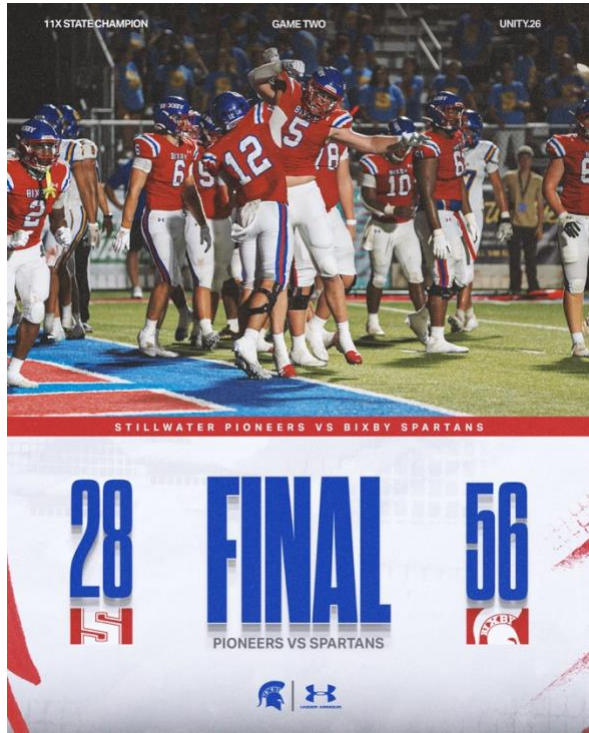
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If you have missed the Chick-fil-A Weekly Coaches' Show, you can catch them on

YouTube:

[Week 0 Vs. Owasso-](#)

Player of the Week- Connor Arant
Practice Players- Colton Treat, Jax Rice
Youth Team- 3rd Grade Blue

[Week 1 Vs. Stillwater](#)

Player of the Week- Nate Hobbs
Practice Players- Gavin Wilson, Holbrook Fowler
Youth Team- 3rd Grade White

[Week 3 Vs. Jenks](#)

Player of the Week- Kaiden Flowers
Practice Players- Connor Arant, Justin Gilmore
Youth Team of the Week- 1st Grade Red

LIVE GAME BROADCASTS

97.1 FM The Sports Animal

[Listen Online Here](#)

97.1 FM
The Sports Animal

Chick-Fil-A Bixby

Bixby Coaches Replay Show



Wednesday 8:00p.m. Cox Channel 3

<https://www.bixbyspartanfootball.com/coaches-show/>

Weekly Coaches Radio Show

Chick Fil A Bixby Central

Tuesday Nights 6pm

Live from Chick Fil A Bixby

97.1 FM



bixby spartan football
eleven-time state champion
undeniable



bixby spartan football
eleven-time state champion
undeniable

AT OWASSO | W 35-27

PLAYERS OF THE WEEK



OFFENSIVE
ISAIAH BUTCHER IV



DEFENSIVE
BEN PUCKETT



SPECIAL TEAMS
GAVIN WILSON



BIG PLAY
CAIN BRACKNEY



BIG HIT
KAIDEN FLOWERS



LINEMAN
GAVIN WILSON



PRACTICE PLAYER
JAX RICE



PRACTICE CAPTAIN
COLTON TREAT

Live Life Smiling
NOWLIN
ORTHODONTICS

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eleven-time state champion
undeniable



bixby spartan football
eleven-time state champion
undeniable

VS STILLWATER | W 56-28

PLAYERS OF THE WEEK



OFFENSIVE
#12 JACK GILL



DEFENSIVE
#8 KAIDEN FLOWERS



SPECIAL TEAMS
#17 KEANU JAMES



BIG PLAY
#1 HILKYAH SAMPSON



BIG HIT
#8 KAIDEN FLOWERS



LINEMAN
#5 CONNOR ARANT



PRACTICE PLAYER
#39 HOLBROOK FOWLER



PRACTICE CAPTAIN
#79 GAVIN WILSON

MCWX
MIKE COLLIER WEATHER

Live Life Smiling
NOWLIN

ORTHODONTICS

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eleven-time state champion
undeniable



bixby spartan football
eleven-time state champion
undeniable

VS JENKS | W 13-7

PLAYERS OF THE WEEK



OFFENSIVE
#10 ISAIAH BUTCHER IV



DEFENSIVE
#30 BEN PUCKETT



SPECIAL TEAMS
#25 LINCOLN ARAGONA



BIG PLAY
#9 NATHAN HOBBS



BIG HIT
#30 BEN PUCKETT



LINEMAN
#61 KAEDEN PENNY



PRACTICE PLAYER
#56 JUSTIN GILMOR



PRACTICE CAPTAIN
#5 CONNOR ARANT

MCWX
MIKE COLLIER WEATHER 