



COACH SPEAK

JULY 2026

Bixby Spartan Football will be respected as the very best program in Oklahoma at developing student-athletes.

Dear Spartan Fans,

We have just completed our sixth week of S.P.A., and our 2026 team has come a long way since the beginning of May when we started spring drills. This year, the OSSAA will allow teams to begin official practice one week earlier, on August 3. Because this rule was adopted after our 2026 calendar had already been released, we will keep our schedule largely the same by conducting helmets-only practices on Monday, Tuesday, and Wednesday. We will then give our players a long weekend before beginning padded practice on August 10.

Summer is the busiest time of year in our program. It is a time when our players come together, grow in character, and develop their strength and athleticism. Each summer, we host team camps, passing leagues, 7-on-7 tournaments, lineman camps, and youth camps. Our players and coaches invest countless hours during the summer months, and we believe that commitment is reflected in our performance each fall.

Our strength culture in Bixby continues to thrive, as evidenced by the 58 players who recorded 225-pound power cleans during the Night of Champions. We also had five players clean 300 pounds or more, while another 64 athletes achieved new personal bests. The best part of the Night of Champions is seeing our youth players, families, and community come together to celebrate the hard work and commitment that define Bixby's strength culture.

DISCIPLINE

COMMIT TO THE PROCESS

INTEGRITY

COUNT ON ME

SELFLESS

LESS ME MORE WE

CONSISTENT

THE RIGHT WAY EVERYDAY

UNITY

STRONGER AS ONE



July Update continued from pg. 1

With fall camp beginning, our Bixby Fall Classic Scrimmage will take place on August 21. We will host Sand Springs, Deer Creek, and Shiloh Christian from Springdale, Arkansas. Three of the four teams participating in the scrimmage were 2025 state champions, making this an outstanding opportunity to measure our progress since team camp.

Our regular season begins on Friday, August 28, when we travel to Owasso. We will then open our home schedule at Lee Snider Field on Friday, September 4, against Stillwater for Military Appreciation Night. In Week 3, we have moved our scheduled home game against Jenks to Chapman Stadium at the University of Tulsa for the inaugural Battle for the Big Q.

Our Quarterback Club continues to provide one of the best student-athlete experiences in Oklahoma. Thanks to the generosity of our community, our players receive outstanding equipment, exceptional nutrition, and benefit from the premier strength and conditioning programs in the state. Our [Quarterback Club membership](#) drive is now underway, and we encourage you to join and help support our players, trainers, and managers. If you have questions about membership, please contact Renee Haack at reenehaackqbc@gmail.com.

Thank you for taking the time to read this newsletter and for supporting our program. We are incredibly proud of our young men and all they represent. We will continue to work tirelessly to make Bixby Spartan Football the premier program in Oklahoma for developing outstanding student-athletes, both on and off the field.

Thank you for your continued support, and Go Spartans!

Sincerely,
Coach Montgomery





July S&C Update

Summer training has been great as we are finishing up SPA, heading into the in-season phase. Our athletes have made great gains and are well conditioned going into work on the field. Training has been intense preparing for the season, but as we head into practice coming up, volume in the weight room will go down as we work to keep the guys as fresh as possible feeling good for competition.

Throughout the summer, we ramped up field work to match the demands for upcoming competition, as weight room volume and intensity peaked mid-summer, and then slowly tapered off. Once we get to the in-season phase, the new training structure will be set up in a four-day lift split, with two days off for recovery/mobility work.

Day 1: Max effort lower (Furthest point away from upcoming competition in the week)

Day 2: Rate of force development and secondary upper press

Day 3: Max effort upper body

Day 4: French contrast training and upper body armor to prime the nervous system for the game coming up, and maintain muscle mass and body weight

Finally, closing up summer training, here are some of the highlights listed below of gains made. This chart shows average increases in strength in the squat, bench, and clean.

AVERAGE INCREASE		
SQUAT	BENCH	CLEAN
9 LB.	4 LB.	8 LB.

High School Dates to Remember

[Printable H.S. Calendar Here](#)

[Printable 9th Grade Calendar](#)

[Printable 8th Grade Calendar](#)

Monday	8-3-2026	7am Weights, Helmets Only Practice 8-10am
Tuesday	8-4-2026	7am Weights, Helmets Only Practice 8-10am
Wednesday	8-5-2026	7am Weights, Helmets Only Practice 8-10am
M-F	8/10-8/14	6am Practice, 8am Weights
Saturday	8-15-2026	7am Team pictures, 8am Mandatory Parent Meeting, 9am Scrimmage
Monday	8-17-2026	6am Practice, 8am Weights
Tuesday	8-18-2026	6am Practice, 8am Weights
Wednesday	8-19-2026	First Day of School, Practice 6 th Hour
Thursday	8-20-2026	Bixby JV Fall Classic (9 th & JV)
Friday	8-21-2026	Bixby Fall Classic (Bixby, Sand Springs, Deer Creek, Shiloh Christian)

UNRESPECTED AS
OKLAHOMA ATHLETES

BIXBY THE AT
SPARTAN VERY BEST DEVELOPING
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JOIN THE BIXBY SPARTAN QUARTERBACK CLUB

Spartan Legacy \$2000 \$200.00 Gift Card to Spartan Online Store - Recognition in Program - Bixby Football Yard Sign - One reserve parking Pass - Level 1 Priority for Season Tickets - Player or family name displayed on the Legacy Wall inside the stadium near the entry gate on the east concourse	Diamond Legacy \$1000 \$200.00 Gift Card to Spartan Online Store - Recognition in Program - Bixby Football Yard Sign (1) reserve parking Pass - Level 2 Priority for Season Tickets
Platinum Spartan \$500 \$100.00 Gift Card to Spartan Online Store - Recognition in Program - Bixby Football Yard Sign (1) reserve parking Pass - Level 3 Priority for Season Tickets	Gold Spartan \$250 \$50.00 Gift Card to Spartan Online Store - Recognition in Program - Bixby Football Yard Sign (1) reserve parking Pass
Silver Spartan \$100 \$25.00 Gift Card to Spartan Online Store - Recognition in Program - Bixby Football Yard Sign	Alumni Spartan \$100 - Only Available for Former Players - Name & Graduation Year Etched onto Plaque in Locker Room - Recognition in Program
Junior Spartan \$40 - Only K-7th grade eligible - Spartan Football T-Shirt - Recognition in Program	Bixby PS Employee \$25 - Spartan Employee Only - Recognition in Program

Scan to Join

Bixby spartan football eleven-time state champions undeniable

bixby spartan football eleven-time state champions undeniable

2026 FRIENDS & FAMILY FUNDRAISER

Help the Bixby Quarterback Club provide our players with the best playing experience in Oklahoma.

HELMET \$475
SHOULDER PADS \$300
JERSEY x3 \$600
PRACTICE JERSEY \$50
PANTS x3 \$450

Multiple Meals per Week, Weight Room Improvements, Banquet Expenses, New Uniforms and Much More

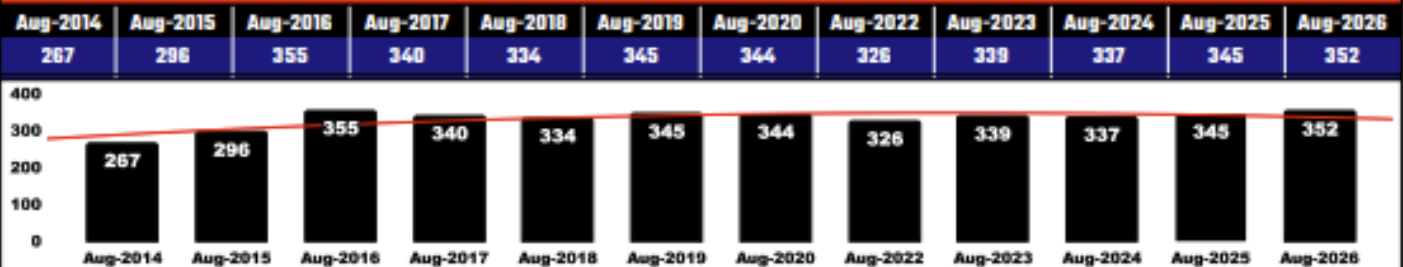
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BIXBY

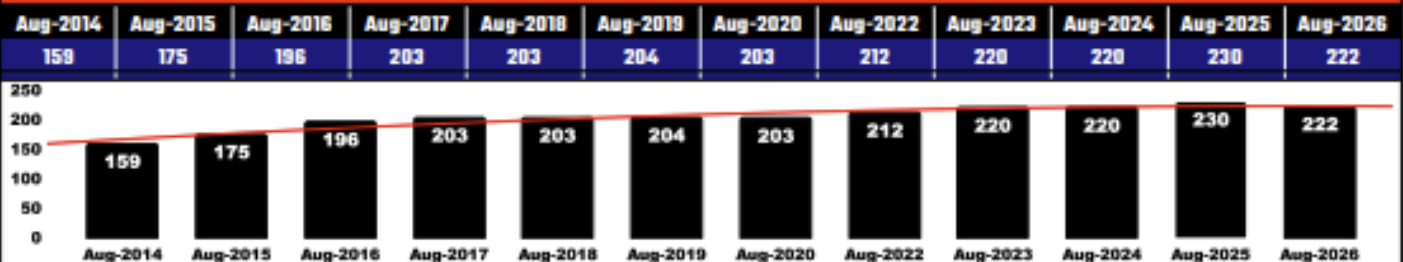
CLEAN



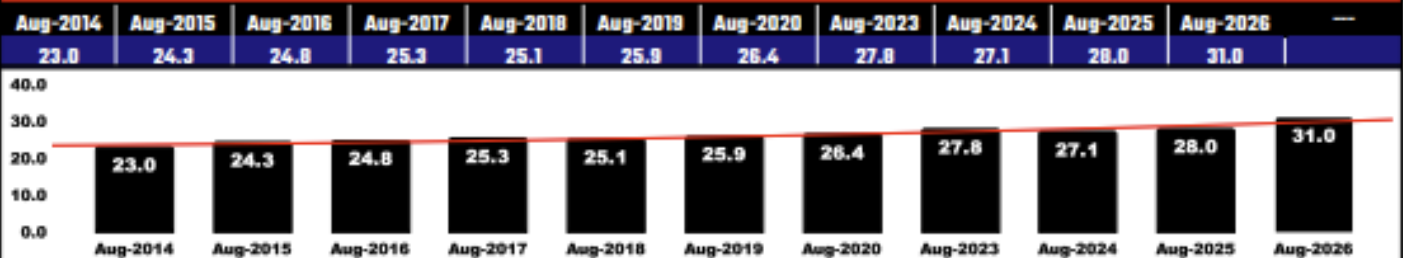
BACK SQUAT



BENCH PRESS

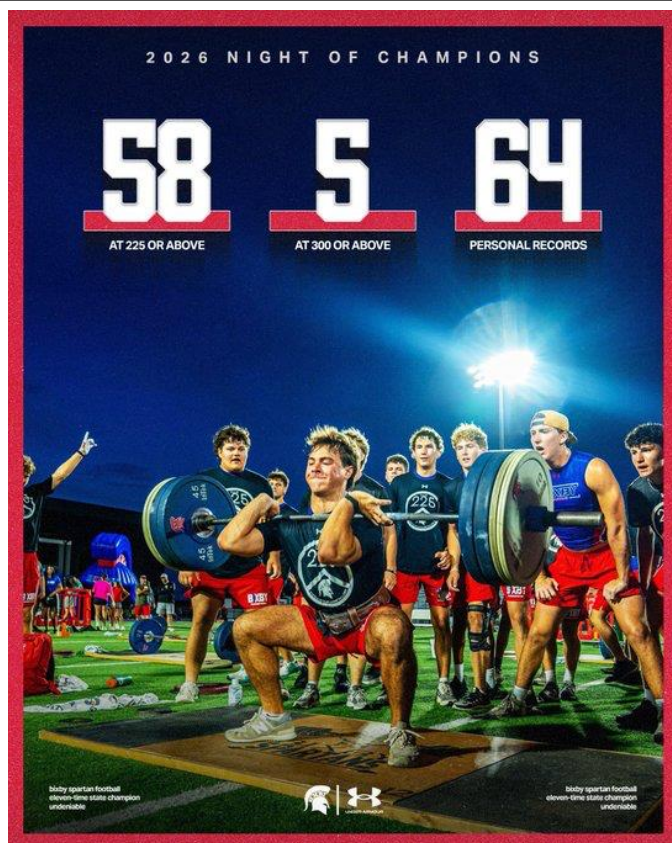


VERTICAL JUMP



TOP SPEED 2026 (MPH)

SPEED	# OF ATHLETES	SPEED	# OF ATHLETES
18+	92	20+	40



2026 CLUB 225

Night of Champions Team Average:

Brackney, Cain	315	Hopkins, Karson	245
Guipptons, Jaden	315	Montgomery, Guy	245
Wilson, Gavin	315	Shepard, Asher	245
Dorsey, Jaxon	300	Blankenship, Logan	245
Gilmor, Justin	300	Ballard, Mason	235
Haddon, Logan	285	Flowers, Kaiden	235
Arant, Connor	280	Ousley, Miller	235
Reagan, Brock	280	Secrest, Brayden	235
Butcher, Isaiah	275	Cheatham, Gage	235
Montgomery, Tylan	275	Casper, Kellen	225
Puckett, Benjamin	275	Cornwell, Cooper	225
Hobbs, Nathan	265	DeArmon, Jimmy	225
Scarborough, Cimone	265	Dishman, Blake	225
Thienhardt, Landon	265	Duffel, Brennen	225
Tipton, William	265	Flores Robles, Oscar	225
Treat, Colton	265	German, Jacob	225
Sampson, Hilkyah	265	Giannandrea, Anthony	225
Gill, Jackson	255	Hightower, Jace	225
Havens, Andrew	255	Jones, Giovanni	225
Jones, BJ	255	Knight, Jack	225
Dennis, Joseph	250	Morgans, Caleb	225
Fontenot, Jayveon	250	Nofal, Zain	225
Seager, Cole	250	Reynolds, Zander	225
Carter, Preston	245	Rice, Jax	225
Culton, Kandan	245	Scarborough, Elijah	225
Fugate, Lincoln	245	Serrano, Juan	225
Brackney, Cain	315	Simic, Cooper	225
Guipptons, Jaden	315	Snider, Steele	225
Wilson, Gavin	315	Sudler, Kyle	225
Dorsey, Jaxon	300	Tipton, Gavin	225
Gilmor, Justin	300	Wineland, Gavin	225
Haddon, Logan	285	Yarbrough, Christopher	225

bixby spartan football
eleven-time state champions
undefeated



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eleven-time state champions
undefeated

TOP FIVE



2026 NINTH GRADE SPA

- | | |
|-----|-------------------|
| 1st | griffin gill |
| 2nd | brady blankenship |
| 3rd | joseph carollo |
| 4th | liam barber |
| 5th | forrest nicholson |

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eleven-time state champions
undefeated



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TOP FIVE



2026 EIGHTH GRADE SPA

- | | |
|-----|---------------------|
| 1st | jakob castleberry |
| 2nd | ryland wolfenberger |
| 3rd | caden campbell |
| 4th | jaxsen jeffers |
| 5th | tre'shawn mason |

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undefeated



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undefeated

TOP FIVE



2026 EIGHTH GRADE SPA

- | | |
|-----|---------------------|
| 1st | jody crosby* |
| 2nd | jakob castleberry |
| 3rd | aj hooks |
| 4th | ryland wolfenberger |
| 5th | caden campbell |
- *not pictured

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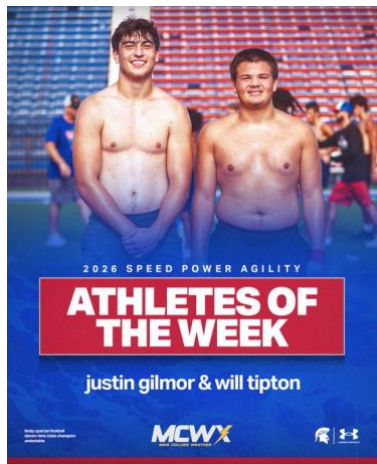
- | | |
|-----|-------------------|
| 1st | griffin gill |
| 2nd | drake kramer |
| 3rd | forrest nicholson |
| 4th | karson barbay |
| 5th | brady blankenship |

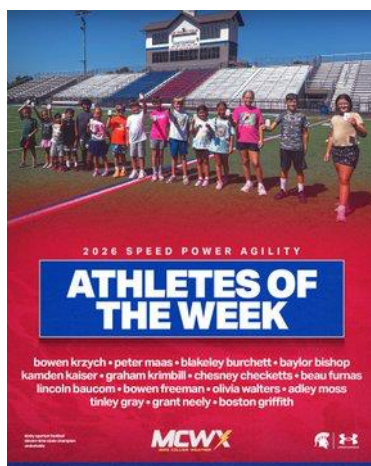
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Week 3 SPA Athletes of the Week



Week 4 S.P.A. Athletes of the Week





Week 5 S.P.A. Athletes of the Week

