



COACH SPEAK

FEBRUARY 2026

Bixby Spartan Football will be respected as the very best program in Oklahoma at developing student-athletes.

Dear Spartans,

We are two months into our 2026 offseason, and we love the way our players are working! Our athletes are training hard, competing, and encouraging one another. This offseason, we have added several components that are increasing consistency and driving intent in our training. Players have been divided into accountability teams and receive two points each day for attendance in strength and conditioning as well as 6th-hour sport. Additionally, our 6th-hour offseason is divided into teams that compete daily in activities on the field and in the weight room. Our players love the competition, and it has been fun to watch.

We are very proud to have so many athletes who participate in multiple sports. Many of our players are making an impact in wrestling, basketball, track, and baseball. Developing well-rounded, multi-sport athletes is a core tenet of our athletic department. Research shows it is important for athletes not to specialize in a single sport year-round. Furthermore, we believe it is valuable for our players to compete and contribute to other programs at Bixby High School.

We recently celebrated National Signing Day. Between both signing periods, 12 student-athletes signed to continue their football careers in college, and we still have a few others who will sign later. At Bixby, our student-athletes have opportunities to advance because we not only have talented players and the best player development in the state, but we also have a coaching staff dedicated to helping them reach the next level. Coach Suffal, our recruiting coordinator, develops a personalized plan for each athlete who aspires to play college football. If you have questions about the recruiting process or would like to learn more, please check out our [Parent Recruiting Guide](#).

We have now begun the second phase of our offseason strength and conditioning program. It is always impressive to see how quickly our players transform their bodies. Those who remain consistent and detail-oriented make the biggest strength gains. We emphasize "Championship Inventory" by asking our athletes:

1. Did you eat breakfast?
2. Did you get at least eight hours of sleep last night?
3. Did you drink at least one gallon of water yesterday?

Additionally, the Quarterback Club is providing chocolate milk for post-workout recovery, ensuring that our athletes receive immediate protein, fats, and carbohydrates after their workouts. We sincerely thank the parents who have contributed to this initiative. If you are interested in helping offset this important cost, you can donate [HERE](#).

(Continued Page2- Feb. Update)

(February Update Continued from pg.1)

We recently began our Crucible meetings. The Crucible is “the mold that casts the leaders of our team” — our leadership council. Our coaches have identified players who have demonstrated the ability to positively influence those around them. We also have an application process for athletes who were not initially identified by our staff but would like to be part of the group. Approximately 50 athletes in grades 8–12 have been selected. These athletes will meet before school on 10 Wednesdays during the offseason to receive in-depth leadership training specific to our program. Additionally, they will be called upon to help make program decisions. We emphasize to our leaders that culture is not just something we say or display on a wall — it is what we live, especially what we tolerate and allow. Over the years, we have been fortunate that our best players have also been our best leaders — Jack Puckett, Brennan Presley, Cade Cavendar, Dylan Hasz, Cooper Parker, and Braeden Presley, just to name a few.

We encourage all parents to get involved with the [Quarterback Club](#). We meet monthly in the new varsity locker room in the Home of the Spartans. The Quarterback Club enhances the playing experience for our athletes and provides invaluable resources for our coaching staff. I encourage everyone to become a member. The Quarterback Club also depends on volunteers for roles such as serving meals, managing membership, coordinating corporate sponsorships, serving on the tunnel crew, and working the spring game and scrimmage gates. If you are interested in volunteering to support the best program in Oklahoma for developing student-athletes, please reach out to our volunteer coordinator, Jen Tipton, at tiptonfamily2004@gmail.com.

We appreciate your continued support of Bixby Spartan Football!

Sincerely,
Coach Montgomery

2026 CALENDAR

The 8th Grade, 9th Grade, and High School calendars are up on our website. Go [here](#) to help plan the upcoming spring and summer!



15th Annual QBC Golf Tournament
Monday May 18th, 2026
Indian Springs Country Club
9AM Shotgun Start
Click [HERE](#) to Sign up!

NSD'26

	Gabe Blankenship Northeastern State Running Back
	Dylan Jones Missouri S&T Defensive Back
	Carson Kirby Northeastern State Quarterback
	Trey McGlothlin West Virginia Linebacker
	Jayson Moll Alabama Birmingham Running Back
	Cord Nolan Texas Tech Linebacker

NSD'26

	Joe Peters Missouri Western Defensive Line
	Braeden Presley Oklahoma State Defensive Back
	Emory Snyder West Virginia Defensive Back
	Bradley Thao Central Oklahoma Kicker
	Cooper Upton Central Oklahoma Offensive Line
	Tyler Wright Kentucky Defensive Back

BIXBY SPARTANS

2014 • 2015 • 2016 • 2018 • 2019 • 2020 • 2021 • 2022 • 2023 • 2024 • 2025




BIXBY SPARTAN ALL-STATE FOOTBALL

YEAR	PLAYER	COACH	YEAR	PLAYER	COACH
1958	Mark Gibson	Red Rogers	2007	Chris Harris	McGrew
1959	John Porterfield	McKenzie	2008	Beau Bentley	McGrew
1960	Jerry Lawhorn	Snider	2008	Jake Morgan	McGrew
1965	Danny Willis	Snider	2009	DeWitt Jennings	McGrew
1965	John Giles	James	2012	DeAndre Jennings	Montgomery
1967	Roger Dicus	James	2013	Chandler Miller	Montgomery
1970	Robert Cox	Davis	2013	Matthew Dreyer	Montgomery
1970	Butch Davis	Davis	2014	Austin Grotts	Montgomery
1977	Ed Johnson	Graham	2014	Kyle Rhine	Montgomery
1978	Marshall Goff	Graham	2015	Cade Cabbiness	Montgomery
1978	Kevin Stringfellow	Graham	2016	Tanner Griffin	Montgomery
1980	Tim Gibbs	Snider	2016	Brendon Evers	Montgomery
1983	Victor Moore	Snider	2017	Bryce Bray	Montgomery
1983	Todd Krehbiel	Snider	2017	Coby Tillman	Montgomery
1984	Brad Best	Snider	2018	Cade Cavender	Montgomery
1986	Roger Gibbs	Koester	2018	Ethan Hall	Montgomery
1986	Gill Johnson	Koester	2019	Brody Sartin	Montgomery
1988	Keith Roller	Koester	2019	Brennan Presley	Montgomery
1988	Jason Stubbs	Koester	2020	Mason William	Montgomery
1989	Tim Sefcik	Koester	2020	Tanner Doyle	Montgomery
1992	Jimmy Roller	Rick Rogers	2021	Braylin Presley	Montgomery
1993	Tancy Evans	Rick Rogers	2021	Jack Puckett	Montgomery
1993	Jeremiah Johnston	Rick Rogers	2022	Cale Fugate	Montgomery
1994	Mitch Minik	Rick Rogers	2022	Luke Hasz	Montgomery
1995	Jeremy Meadors	Rick Rogers	2023	Brody Duffel	Montgomery
1995	Jared Williams	Rick Rogers	2023	Kordell Gouldsby	Montgomery
1996	Jeff Taylor	Rick Rogers	2024	Brooks Dixon	Montgomery
2005	Ben Tucker	McGrew	2024	Cooper Parker	Montgomery
2006	Marshall Fraley	McGrew	2025	Cord Nolan	Montgomery
2007	Chase Boles	McGrew	2025	Braeden Presley	Montgomery



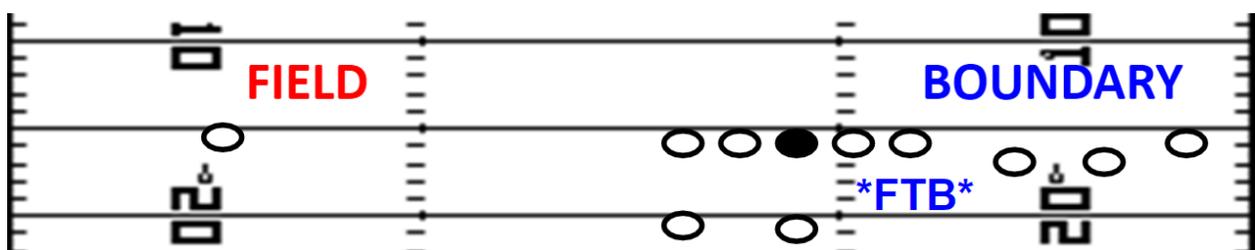
In an effort to increase our football team's football IQ, and improve common language among our players, we have begun "Five Minute Football" each day during Sixth hour (before our workout). Below is an example of a lesson that Coach Evans shared at the beginning of the semester.

Below is a sample of the daily Five Minute Football unit "Splits & Gaps" that we covered one day during 6th hour football. We spend time discussing a rule, give examples, and then show film of each example we have covered.

Our staff has identified many terms that we feel are important for all of our players to know and understand. We hope to continue building on these ideas and lessons using voice over software and film that we can use all the way down to our BYFA youth coaches. This will only allow better alignment throughout our program!

Formation to the Boundary

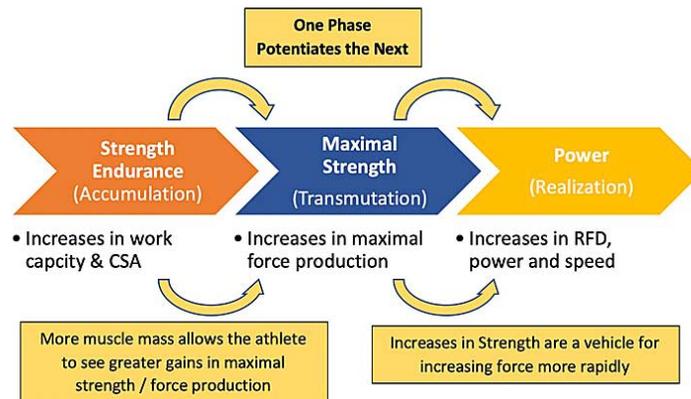
- Sometimes an offense will line up with more WR to the boundary side
- Formation Into Boundary (FIB)
Why would an offense would FIB?
- Why would an offense prefer to only run certain plays into the field?
- Why would a defense prefer to only run blitzes from the boundary?





Following State Championship week, we went straight back to work. With a long offseason ahead, there was no need to rush the process. We've been intentional about slow-cooking our development and laying the right foundation for what's ahead.

In the weight room, we've been in an accumulation phase, restoring lost range of motion from the season and rebuilding structural balance. The objective has been to establish a strong, reliable base our athletes can build on as intensity increases. We've identified specific weak areas and attacked them head-on, using controlled tempos to develop tendon resilience, tissue tolerance, and overall muscular durability. As we approach Spring Football, we're transitioning into a more concentric force-dominant phase, emphasizing higher force production with greater intent and velocity.



On the field, we've focused on reinforcing powerful sprint mechanics to drive real speed improvements. Force production and application are dictated by position, so we've dialed in posture, projection angles, and front-side mechanics to eliminate force leaks. Early returns have been encouraging — our guys are moving more efficiently, with better rhythm and cleaner ground contacts. Smooth is fast. When positions improve, force application improves.

Within our plyometric program, we've layered in low-level foot contacts to progressively build lower-leg resilience. During maximal-velocity sprinting, ground reaction forces can reach four to five times an athlete's body weight with each step. The lower leg must possess both relative strength and the tissue tolerance to handle repeated high-force contacts. Through structured progressions emphasizing stiffness, elasticity, and controlled ground exposure, we're building the durability necessary to support high-level speed and performance as demands continue to rise.

We are fired up about the continued development of these young men as we move into the spring.

-Coach Moran, Coach Gammon, & Coach Solomon

bixby spartan football eleven-time state champion understate

2026 OKLAHOMA COACHES ASSOCIATION

ALL-STATE

CORD NOLAN
ALL-STATE LB & 6A ALL-STAR

BRAEDEN PRESLEY
ALL-STATE ATH & 6A ALL-STAR

CARSON KIRBY
6A ALL-STAR

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TULSA WORLD 2025

ALL-WORLD

<small>CO-TY FINALIST</small> CARSON KIRBY - QB	<small>CO-TY FINALIST</small> CORD NOLAN - LB	<small>CO-TY FINALIST</small> BRAEDEN PRESLEY - DB	<small>1ST TEAM OFFENSE</small> JAYSON MOLL - RB	<small>1ST TEAM OFFENSE</small> KAEDEN PENNY - OL	<small>1ST TEAM DEFENSE</small> TREY MCLOTHLIN - LB
<small>2ND TEAM OFFENSE</small> ASHER JOLLY - OL	<small>2ND TEAM OFFENSE</small> GAVIN WILSON - OL	<small>2ND TEAM DEFENSE</small> DAWSON MADDEN - OL	<small>2ND TEAM DEFENSE</small> EMORY SNYDER - DB	<small>2ND TEAM DEFENSE</small> TYLER WRIGHT - DB	<small>HONORABLE MENTION</small> CONNOR ARANT - TE
<small>HONORABLE MENTION</small> THANE CRAWFORD - OL	<small>HONORABLE MENTION</small> CATCHER DEHART - WR	<small>HONORABLE MENTION</small> SAM DEWOODY - OL	<small>HONORABLE MENTION</small> HECTOR GARCIA - OL	<small>HONORABLE MENTION</small> JACK GILL - LB/LB	<small>HONORABLE MENTION</small> MATE GONZALEZ - WR
<small>HONORABLE MENTION</small> NATHAN HOBBS - LB	<small>HONORABLE MENTION</small> MAVERICK NANCE - LB	<small>HONORABLE MENTION</small> JOE PETERS - OL	<small>HONORABLE MENTION</small> BRADLEY THAO - K		

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THE OKLAHOMAN 2025

ALL-STATE

first team

kaeden penny - ol
cord nolan - lb
trey mclothlin - lb
braeden presley - db

second team

jayson moll - rb
emory snyder - db
bradley thao - k

honorable mention

connor arant - te

DEFENSIVE PLAYER OF THE YEAR
CORD NOLAN - LB

BIXBY THE AT SPARTAN FOOTBALL WILL BE RESPECTED AS VERY BEST PROGRAM IN OKLAHOMA DEVELOPING STUDENT ATHLETES.

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2025 BY THE NUMBERS

SPARTAN DEFENSE

24 TOTAL INTERCEPTIONS	6 INT RETURNED FOR TD	6 FUMBLE RECOVERIES	105 QB HURRIES
37 SACKS	140 TACKLES FOR LOSS	20% OF SNAPS WERE A TFL	12.6 PPG ALLOWED

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2025 BY THE NUMBERS

SPARTAN OFFENSE



710 OFFENSIVE POINTS PROGRAM RECORD	785 3 RD MOST POINTS SCORED IN A SEASON
60.4 4 TH TIME IN 5 SEASONS TO AVG. 60+ PPG	523 AVERAGE YARDS PER GAME
3,510 TOTAL PASSING YARDS	3,291 TOTAL RUSHING YARDS
6,801 TOTAL YARDS	8.67 AVG. YARDS PER PLAY PROGRAM RECORD
.98 AVG. POINTS PER PLAY PROGRAM RECORD	98 TOUCHDOWNS SCORED
23 DIFFERENT PLAYERS SCORED TOUCHDOWNS	

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2025 BY THE NUMBERS

SPECIAL TEAMS



78/80 EXTRA POINTS	5/8 FIELD GOALS	4 FAKE PUNTS	1,741 HIDDEN YARDS
73% TOUCHBACK RATE	3 BLOCKED KICKS	3 TOUCHDOWNS RETURNED	111 POINTS SCORED

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THE FIFTEENTH ANNUAL

WEDNESDAY CLINIC



6:00 PM - EAT THE CAPTAIN DEFENSE
Clarence Holley - Shiloh Christian DC
2025 State Champions



7:00 PM - DEEP CHOICE CONCEPT
Jacoby Walker - Missouri State
Wide Receivers

Wednesday, February 18th - Home of the Spartans - No Cost
5:00 pm Free Dinner provided by Chick-fil-A
6:00 pm Clarence Holley: Eat the Captain Defense
7:00 pm Jacoby Walker: Deep Choice Concept
8:15 pm Coaches Social at Savastanos sponsored by Field Turf
Sponsored by Field Turf, Chick-fil-A, Savastanos, Gilman Gear, Rally Athletic, and Teach Tapes
RSVP to Coach Montgomery at Imontgomery@bixbyps.org

WELCOME TO SPARTAN FOOTBALL

an informative meeting for all incoming eighth (2031) grade football parents
sunday, february 15th at 1 pm in the varsity locker room (HOTS)



BIXBY SPARTAN FOOTBALL
11X STATE CHAMPION - UNDEFEATED

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BIXBY SPARTAN DEFENSIVE BACKS

LOCKDOWN

michael nelson '11 - missouri southern
kyle rhine '15 - all-state
justin williams '15 - kansas

colton tafoya '18 - ottawa university
clayton barbour '19 - oklahoma state
cade cavender '19 - oklahoma state
brennan presley '20 - oklahoma state
gatorade oklahoma player of the year
sixteen career INT - bixby record
jordan rogan '20 - marshall university
tanner doyle '21 - 1st team all-state
devonta owens '21 - lindenwood university
cale fugate '23 - university of oklahoma
1st team all-state & DPOTY
single-game INT record

josh newkirk '23 - lindenwood university
jakeb snyder '23 - university of oklahoma
tyson williams '23 - university of tulsa
dylan hasz '23 - appalachian state
2nd team all-state

kordell gouldsby '24 - western michigan
1st team all-state & oklahoman poty
yetxiel perez-gilbes '24 - coffeyville cc
honorable mention all-state
brooks dixon '25 - 1st team all-state
braeden presley '26 - oklahoma state
emory snyder '26 - west virginia
tyler wright '26 - record for most INT in a season

BIXBY SPARTAN FOOTBALL WILL BE RESPECTED AS OKLAHOMA ATHLETES.

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2025 BY THE NUMBERS

SPARTAN FOOTBALL

12 STRAIGHT TITLE GAMES *STATE RECORD

11th CHAMPIONSHIP IN PROGRAM HISTORY

8th STRAIGHT CHAMPIONSHIP *11-MAN STATE RECORD

75 PLAYERS ACADEMIC ALL-CONFERENCE (3.5+ GPA)

81 DIVISION 1 OFFERS & 5 D1 COMMITMENTS

29 PLAYERS IN COLLEGE AND THE NFL

BIXBY SPARTAN FOOTBALL WILL BE RESPECTED AS OKLAHOMA ATHLETES.

FOUNDATIONS

STRENGTH AND SPEED TRAINING

WHAT: to teach the basic athletic lifts, techniques, and skills associated with successful speed, strength, and conditioning programs

WHO: all students currently in 3rd - 8th grade

WHEN: 4-5 pm every Mon/Tue/Thu begins 2.16 and ends 4.30

COST: \$150 per person* includes Under Armour shirt upon completion

*fundraising opportunities available, no student will be turned away if spots are open

**no refunds

SIGN UP NOW

VIEWING ON YOUR PHONE? save photo, press and hold to access the QR code

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NEXT LEVEL SPARTANS

UNDER HEAD COACH LOREN MONTGOMERY

110 SIGNEEES

47 DIVISION I

29 DIVISION II

15 JUCO

10 NAIA

BIXBY SPARTAN FOOTBALL WILL BE RESPECTED AS OKLAHOMA ATHLETES.