

Dear Spartan Fans,

We are headed into the final stretch of the 2025 season. Your Spartans are currently 8-0, in first place in the district, ranked #1 in Oklahoma, and listed anywhere from #4 to #19 in various national polls. While we appreciate these rankings, we know they mean nothing unless we continue to grow as a team and play our best football heading into the playoffs.

The Friday night atmosphere in Bixby is the best in the state. So far this year, we've hosted Military Appreciation Night, Homecoming, BYFA Youth Night, and this Friday we'll celebrate Senior Night along with Teacher Appreciation Night. New this year is the *Friday Night Bites* tailgate in the south end zone before each game! We thank Kate Creekmore and our athletic department, who work extremely hard to create an amazing gameday environment for our players and community.

As we head into the final stretch of the season, we have Deer Creek (3-5) and Norman (6-2) remaining on our schedule. It's important that we finish strong over these last two weeks. If we win out, we'll be district champions and earn a firstround playoff bye. Our goal is to finish the regular season playing our best football.

Currently, we are averaging 62.8 points per game and allowing just 13.1 points per game. Twenty different players have scored touchdowns this season. Our JV teams are a combined 16-1. We pride ourselves on being the premier program in Oklahoma for developing student-athletes, and a big part of that success is playing multiple JV, freshman, and 8th-grade games each week. Player development remains a cornerstone of our sustained success.

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9 th Grade Bixby Spartan Football				
2	Kale DeJesus	51	Drew Alvidrez	
3	Jaxton Rice	52	Stefan Aranda	
5	Giovanni Jones	53	Donovan Kafer	
7	Blayze Wood	54	Visante Melton	
8	Michael Bakker	55	Mason Ballard	
9	Kai Turner	57	Cason Stockam	
10	Jai Robins	58	Mack Strawn	
11	Carter Metrovich	59	Asher Shepard	
12	Landon Fielder	60	Roper Wright	
13	Hilkyah Sampson	61	Zander Reynolds	
14	Cannon Myers	62	Nathan Elias	
15	Jacob German	65	Oscar Flores	
16	Landry Flowers	66	Mason Eilenberger	
17	Lochlan Burgess	67	Zane Ryan	
18	Brennen Duffel	69	Noah Martinez	
19	Malachai Jones	70	Taylor Colvin	
20	Colton Campbell	71	Sullivan Dorsey	
21	Jayden Carr	72	Madden Travis	
22	Kandan Culton	75	Zane Zanovich	
23	Elias Pippin	77	Isaiah Cannon	
24	William Mason	80	Caden Hill	
25	Cavacio Howard	81	Hudson McLemore	
26	Caleb Mondragon	82	Chan Sedin	
27	Kellen Casper	83	Matthew Wiemer	
29	Nathaniel Parks			
30	James Fotenopulos			
31	Lucas Poteras			
32	Ben Toleco			
33	Cooper Simic			
34	Adrian Villalta			
35	Reed Leavell			
36	Austin Watts			



October Update Continued:

Our strength culture continues to grow. This year, we've expanded our strength and conditioning department with two full-time coaches — Dakota Moran and Drake Gammon — and two part-time assistants, Taylor Solomon and Tom Scarbrough. Every player in our program participates in S&C during the school day, ensuring year-round training. Our strength staff continues to innovate by implementing new methods such as sprint protocols and extensive GPS monitoring. Player development is foundational to everything we do.

This Friday, for the eighth consecutive year, we'll honor 10 Teachers of the Game during Teacher Appreciation Night. Each year, more local businesses reach out to support this event. This year, First Pryority Bank, Classic Auto Group, and Midwest Sporting Goods have partnered to give each honored teacher over \$700 in gifts. Our community is centered around our schools, and there's no more important part of the educational process than our exemplary teachers and staff. We deeply appreciate our educators in Bixby Public Schools.

If you follow us on social media, you've likely seen that many of our players are committing to or receiving scholarship offers from college football programs. Our staff takes great pride not only in developing our players but also in helping them succeed at the next level. Each week, you can catch the "Rogers Report," where Coach Rogers highlights our 28 alumni currently on college rosters. We're incredibly proud of all our former players continuing their football journeys.

Finally, if you haven't made it to a game yet, there's still time! We play Deer Creek this Friday, October 31, at home. You can also catch every game via livestream on KREF.tv, tune in on 97.1 The Sports Animal, or watch our weekly Coaches Replay Show Wednesday nights on Cox Cable and YouTube.

We encourage you to support these outstanding young men by attending a game or joining the Ouarterback Club.

It's a great day to be a Spartan!

Sincerely, Coach Montgomery



8 th Grade Bixby Spartan Football					
1	Drake Kramer	42	Legend Johnson		
2	Asher Giddens	43	Seth Miles		
3	Brady Morrow	44	Brixton Brazeel		
4	Hershel Bryant	45	Owen Gist		
5	Cory Davenport	46	Andrew Champlain		
6	Griffin Gill	47	Jamison Hughes		
7	Forrest Nicholson	49	Jhett Cason		
8	Jordan McFarlin	50	Hunter Caress		
9	Max Fugate	51	Jaxson Hooks		
10	Graham Gill	53	Evan Bain		
11	Javin Hollander	54	Oskar Funk		
12	Ethan Scott	55	Asher Whiteley		
13	Jaxsun Pankey	56	Maddox Robinson		
14	Owen Woltjer	57	Kamdon Post		
15	Easton	58	Joshua Herron		
16	Jack Jewell	59	Connor Dingman		
17	Bodie Strawn	60	Grant Campbell		
18	Itai Marova	61	JaCari Brown		
19	Landon Udcoff	62	Derek Jones		
20	Holden Graff	63	Weston Kamolz		
21	Ethan Gill	64	Kylor Deaton		
22	Jett Henry	65	Sam Novak		
23	Beckett Bowman	66	Andres Samuel		
24	Joseph Carollo	67	Colten Porter		
25	Liam Barber	68	Grayson Rosser		
27	Kiptyn Yoas	69	Russell Thomas		
28	Parker Streck	70	Mason Merriott		
29	DJ Dantzler	71	Mateo Perez		
30	Erick Mendez	72	Sterling King		
31	Zaccari Leslie	73	Benton O'Neill		
32	Kolton White	74	Liam Murphy		
33	Kaleb Blankenship	76	Ben Gaddis		
34	James Capeheart	77	Mason Groves		
35	Trevor Poe	78	Glen Smith		
36	Jaxson Stephens	79	Kingston longoria		
38	Luke Yarbrough	81	Trenten Carr		
39	Cason Palidar	88	JT Halbert		
40	Brady Blankenship	89	Brody Eidson		





If you missed the Chick-fil-A Bixby Weekly Coaches' Show, you can catch them on YouTube:

Week 0 Vs. Owasso-

Player of the Week- Braeden Presley
Practice Players- Dawson Madden, Gabe Blankenship
Youth Team- 6th Grade Silver

Week 1 Vs. Sand Springs-

Player of the Week- Tyler Wright
Practice Players- Hector Garcia, Matt Kohnstam
Youth Team- 4th Grade Silver

Week 3 Vs. Choctaw-

Player of the Week- Nate Gonzalez
Practice Players- Sam DeWoody, Gage Cheatham
Youth Team of the Week- 7th Grade Red

Week 4 Vs. Jenks

Player of the Week- Cetcher DeHart
Practice Players- Vincent Incremona, Jimmy DeArmon
Youth Team of the Week- 4th Grade White

Week 5 Vs. Moore

Player of the Week- Sam DeWoody
Practice Players- Noah Engles, Landon Thienhardt
Youth Team of the Week- 3rd Grade Red

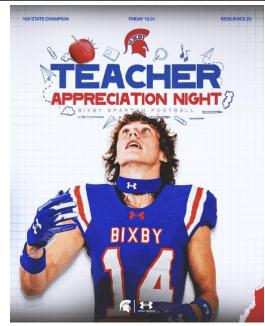
Week 6 Vs. Edmond North

Player of the Week- Maverick Nance Practice Players- Gavin Wilson, Hunter Cox Youth Team of the Week- 6th Grade Blue

Week 7 Vs. Enid

Player of the Week- Carson Kirby Practice Players- Jamel Holt, Kobe Evans Youth Team of the Week- 6th Grade White

Week 8 Vs. Mustang
Player of the Week- Nate Gonzalez
Practice Players- Sam DeWoody, Gage Cheatham
Youth Team of the Week- 7th Grade Red



We would like to recognize our Bixby teachers who have already been nominated by our players for Teacher of the Week!

See the Video HERE

John Garrison

Nominated By: Emory Snyder, Tyler Wright, Matt Helton

Meagan Rodgers

Nominated By: Cord Nolan, Ben Savant, Ben Rogalski, Adam Helton

Jayna Williams

Nominated By: Trey McGlothlin, McClain Masters, Joe Peters, Wyatt Campbell

Judee Dysart

Nominated By: Vincent Incremona, Nate Gonzalez, Asher Jolly, Alex Stanhope

Heather Tobin

Nominated By: Hector Garcia, Dylan Jones, Sam DeWoody, Colton Christian, Chandon Motes

Michael Crosby

Nominated By: Gabe Blankenship, Thane Crawford, Noah Engles, Mason Ivey

Mason Naifeh

Nominated By: Dawson Madden, Derek Gilson, Ashton Dixon, Brody Reagan

Sara Mitchell

Nominated By: Maverick Nance, Cetcher DeHart, Jayson Moll, Angel Rodriguez

Eric Covey

Nominated By: Braeden Presley, Jacob Sudler, Carter Bell, Bradley Thao

Jack Hamilton

Nominated By: Carson Kirby, Cooper Upton, Jamel Holt, Talon Helm, Corey Foreman



As we approach the final two weeks of our regular season and prepare for the playoffs, our focus in the weight room remains clear — continue improving. The in-season training block is the longest uninterrupted stretch of consistent work we get with our athletes all year, and it would be a shame to waste that opportunity simply trying to "maintain."

The truth is, there is no such thing as maintenance — we are either getting better or getting worse. Our goal during the season is to keep driving strength, power, and speed forward, even while managing the physical demands of competition.

Finding the right balance is key. If we do too much, we risk overtraining and accumulating fatigue that can lead to injury. If we do too little, we risk undertraining, leaving our athletes less prepared and less resilient on the field. That's why we focus on finding the minimum effective dose — the right amount of work at the right intensity to keep our players progressing without compromising recovery or performance.

This approach has paid off in a big way. Even deep into the season, our athletes are continuing to get stronger and more explosive:

- Average Squat: increased from 345 lbs this summer to 363 lbs in-season
- Average Bench Press: increased from 230 lbs to 245 lbs
- Average Vertical Jump: up from 28" to 30.3" (a team-wide increase of just over 2 inches)
- Average Bodyweight: down only **0.8 lbs** since the start of fall camp showing that our athletes are maintaining lean mass and energy through the grind of the season

We don't have designated "testing days" during the season. Instead, we treat every training session as an opportunity to move the needle. If an athlete feels great, we attack the day. If they're feeling beat up, we adjust accordingly — but we always find a way to get better.

Our Spartans have fully embraced this mindset, and the results speak for themselves. The commitment to consistent effort, smart training, and recovery has been outstanding. As we head into the postseason, we're confident that our team is not only prepared, but still peaking.

— Coach Mo & the Strength Staff











