





## **Recruiting Guide**





## Who plays a role in recruiting?

- **College/Universities**—Want the biggest,fastest,strongest & brightest athletes they can find to help them win and represent the institution in a positive light.
- **High school prospects-** Take care of your academics. Seek out realistic opportunities to play on the next level given your ability and skill set. BE HONEST with who you are





## Who plays a role in recruiting?

- **Prospect Parents-** Educate yourself on the process. Have realistic and attainable expectations. Help facilitate opportunities to visit schools and summer camps. Do not let the process become stressful.
- **High School Coaches-** Provide an atmosphere conducive to the success and advancement of your players. Promote the athletes to colleges and universities and foster those relationships.





- **Division 1-** Full scholarships, partial scholarships
- **Division 2-** Partial Scholarships, PWO's, Walk-ons
- Division 3- PWO's, Walk-ons
- NAIA- Independent Association outside of NCAA





#### **Division 1 FBS (105 Scholarships Per Team)**

- OU,OSU,TULSA,ARKANSAS, KANSAS ect.
- Graduate and complete 16 core classes
- 7/10 must be English, math, or science
- Core GPA of 2.3 or better
- 4 years English, 3 years math, 2 years natural of physical science
- 1 extra year of English, Math or Science
- 2 years of social science
- 4 years of extra core courses





#### **Division 1 FCS - 63 Scholarships**

- Abilene Christian, Sam Houston State, SFA, Central Arkansas
- Patriot/Ivy/Pioneer league schools give academic money
- Can split scholarships in partial pages or have no scholarships.





#### **Division 2 - 36 Scholarships**

- UCO, SWOSU, NSU, OBU, NWOSE, SEOSU, ECU
- Size and speed are still important
- Some schools are private and grades become more important
- Can split scholarships in partial packages.





#### **Division 3 - 0 Scholarships**

- IVY League, Knox, COE, (Northeast Usa)
- Grades are very important Merit based money
- Most schools are private
- Academic money, plus grants, loans, needs-based money

#### NAIA - 24 Scholarships

- Bethel, SW Kansas, Langston
- Not governed by NCAA
- Athletic money, grants, needs based money and loans





### How can you best position yourself?

- Know what you want in a college
- Organization and planning
- Effective highlight film
- Effective communication
- Accurate information





## **Accurate Information Needed**

- Weighted GPA, Unweighted GPA, ACT Score
- Updated Transcript
- Updated highlight film
- Updated Twitter account (follow template on next slide)

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#### **Twitter information**



1- Full Name **2-** Appropriate Handle **3-** Verified Height+Weight 4- Class of 202? **5-** Verified Location 6- Attached HUDL Highlight Film 7- Football Action Photo Background 8- Updated Film





## **Tips for HUDL Highlight**

- 5 minutes in length
- All contact info, grad year, and measurables on first slide.
- Highlight yourself before the ball is snapped. Unless you are the QB
- Put your best plays first.
- After you film is created please contact position coach to ensure its ready
- Screen record the video so recruiters don't have to wait for HUDL commercials to play first.





## "The Right Fit"

Create a list of 20 schools that fit YOUR criteria. Consider these factors

- Distance from home
- Academic standards
- Size
- Cost
- Competitiveness level of program
- Scholarship opportunity





## **Recruiting Terms**

- **Contact Period** Most wide open. Coaches can visit prospects and families. Limited to once per week. Electronic and written are also permitted.
- Evaluation Period No home visits. Coaches can still visit schools. Purpose of the visit is for evaluation. Prospects can visit schools and receive electronic communication. Many scholarship offers go out in this period





## **Recruiting Terms**

- Quiet Period No off campus contact or viewing. Visits to college's campus and electronic communication is permitted. Coaches often try to have prospects visit campus unofficially during this time in the spring and early summer.
- **Dead Period -** No in person contact is allowed. Electronic communication is still permitted.





## **Recruiting Terms**

**Official Visit -** any visit to college campus by you or your parents paid for by the college. College may pay for the following expenses

- Transportation to and from
- Room and meals (3 per day)
- Reasonable entertainment expenses

**Unofficial Visit -** Any visit by you and your parents to a college campus paid for by your parents. Only expense from the college is admissions to a home athletics contest. No limit to the amount of visits.





## Where can I play?

- Go online and check rosters of schools interested in
- Do I match the height/weight of players at my position
- Look at film Do I play at the same speed?
- Attend camps or combines and compare yourself against others with offers **For reference -** Position, Height, Weight, 40 time, Division 1

OL	DL	LB	RB	TE	WR
6′4 302	6′4 285	6'2 227	5′11 207	6′4 245	6′1 188
5.4	5.0	4.7	4.5	4.7	4.6





## **Recruiting Timeline**

Recruitment for most (not all) D1 athletes begins during Sophomore year. No contact does not mean no chance of scholarship. Following info is for D1 only. Smaller programs begin Junior and Senior year.

### **Freshman/Sophomore Year - Division 1**

- Calls you may contact them (they cannot contact you)
- Off-campus contact NONE
- Official visits NONE
- Unofficial visit Unlimited





## **Recruiting Timeline**

#### Junior Year - D1

- Calls you may contact coaches
- Coaches can contact you in May of this year
- Off campus visit NONE
- Official visit Can begin April 1st and last through specified date in june
- Unofficial visit Unlimited





## **Recruiting Timeline**

#### Senior Year - D1

- You may contact coaches. They may contact you once per week beginning September 1st
- Off Campus contact Allowed beginning in November
- Official Visits Allowed in the spring/summer/winter/fall
- Unofficial Visits Unlimited
- Evaluations and Contact Up to 6 times during Senior year





## **ONE DAY CAMPS**

Attend camps at schools you and your coaches think you have an opportunity to play for

- 9th/10th graders choose dream schools but do not ignore smaller schools at the camp
- 11th/12th begin to choose schools who are communicating with you
- College Coaches like to see athletes in person as well as develop a relationship with the athlete and family.





## **Winter Combines**

These are combines hosted by recruiting services including 24/7 or rivals. They can also be hosted by apparel companies such as under Armour/Nike/Adidas.

- Get with coaches to understand these combines
- Prospects can have good or bad combines and those results can help or hinder the athlete
- Some combines are money grabs and don't provide any value to the athlete. (visit with our coaching staff)





## **Recruiting Services**

If you want something done right do it yourself with your coaches assistance.

- Don't fall victim hearing what you want to HEAR. Listen to what you • NEED to hear. Most are money grabs!
- Less than 3% of kids realize a scholarship and less than 1% sign a D1 scholarship
- These services can provide value but they are still going to require you • to do the work
- Colleges don't use services that parents or student athletes pay for

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## What's the plan?

#### Freshman

- GRADES!!
- Lift/train, speed/agility
- Play multiple sports
- Create highlight
- Create twitter account

## What's the plan?

#### Sophomore

- GRADES!!
- Lift/train, speed/agility
- Update highlight film
- Contact schools and coaches that are a realistic option
- Take the ACT/SAT
- Pick a camp to see where you might fit in
- Fill out prospect questionnaires to colleges interested in





## What's the plan?

#### Junior

- GRADES!!
- Lift/train, speed/agility
- Contact schools you are interested in and that you are your coaches think you have a realistic chance at playing at and inquire about Junior Days and unofficial visits.
- Create 1 page resume. Send film/grades/test scores to schools at all levels that your academics fit (FBS/FCS/D2)
- Take the SAT/ACT 2-3 times by end of junior year.
- Pick 2-3 one day camps you want to attend that will maximize exposure to schools that you are interested in
- Register with the NCAA Eligibility Center "Clearinghouse"





## What's the plan?

#### Senior

- If you have FBS or FCS offers you will be taking official visits to make your final decision. Finalize eligibility center and academic qualification details.
- Not offered by Power 5 (OU, OSU, LSU, Arkansas, Michigan) probably not likely unless prior communication has been established.
- Mid level D1 FBS schools and FCS will continue to evaluate and offer scholarships April through December.
- D2/D3/NAIA will get started after November/December so they can understand who fits their programs after D1 commitments. Program visits start in January and run into February and March.





### **Parents Role**

- Be supportive. Each child's recruitment is UNIQUE!
- This is your son's decision but you are there to guide him
- Help find the right fit from athletic and academic standpoint
- When visiting a school coaches are evaluating your child and your family as well. They want to know everything about the kid they are investing in. How do they fit into their program? Be genuine in you conversations
- Educate yourself on the schools and coaches you will be visiting
- Monitor child's grades





## **NCAA/NAIA** Information

- 1. Must be academically eligible
- 2. Amateur status is intact

#### Why do we need these 2 things?

- Official visits (D1 or D2) cannot begin until Aug 1st Junior Year
- Sign NLI/Athletic Scholarship Agreement (Senior Year)





#### NCAA Division III or Undecided

- Can register as a Freshman and not pay until later (Unpaid Profile page)
- You receive your 10 digit NCAA Eligibility ID Number  $\bullet$

#### NCAA D1/D2

- \$90 Fee
- Students submit email, basic information on school and student, sport • participation history, payment, eventually transcripts, ACT/SAT scores

**Recommendation:** Sign up as a freshman, don't pay until at least junior year, when options start to become clear.

https://web3.ncaa.org/ecwr3/??links.ncaa-play-college-sports en US





## NCAA RECRUITING DATES/RULES

- Dates/Rules depend on what size of school and the time of year. Please visit the link below to check on additional information
- https://www.ncsasports.org/football/recruiting-rules-calendar





## **NCAA INFORMATION**

- Visit the link below to find additional info
- **NCAA** •