



Dear Fellow Spartans,
 Spring Football has now concluded and our football team has begun to shape our 2016 identity. The 2016 Spartans are undoubtedly going to be a strong group of leaders who are relentless and physical on the gridiron. It has been great seeing our young men develop not only as players on the field, but leaders among their peers.

As with any championship team, there are many great players that are lost to graduation. Spring football practice and team camp are critical for getting new and experienced players lots of quality reps. Repetition is the mother of learning, and it is so important that our players get live repetitions.

This week our team will travel to Mustang for North Metro Team Camp. There will be 19 football teams at this year's camp. The Camp allows us to get those quality reps against some of the best players and schemes in the state of Oklahoma. Furthermore, college football coaches from Oklahoma, Oklahoma State, Wyoming, and a few other universities will be there evaluating all the great players.

Our Middle School program just concluded Jr. High Team Camp with a two day camp at Broken Arrow High School. Coach Behrens and Coach Rogers were pleased with the

**2016 OFFSEASON AWARDS
 BEST OVERALL:**

BEST OVERALL CLEAN: BRENDON EVERS- 350
 BEST OVERALL SQUAT: BRENDON EVERS- 580
 BEST OVERALL BENCH: JOSH NEERMAN- 330

BEST POUND FOR POUND:

BEST CLEAN: BRENDON EVERS- 350
 BEST SQUAT: PIERCE HIBBLEN- 545
 BEST BENCH: JOSH NEERMAN- 330

NEW SPARTAN WEIGHTROOM RECORDS:

BRENDON EVERS- 350LB CLEAN (FORMERLY CHANDLER MILLER)
 BRENDON EVERS- 580LB SQUAT (FORMERLY BRENDON EVERS)
 ERIC JOHNSON- 40" VERTICAL JUMP (FORMERLY JUSTIN WILLIAMS)
 CURRENTLY 57 ATHLETES IN CLUB 225
 CURRENTLY 2 FEMALE ATHLETES IN CLUB 155

2015 LIFTER OF THE YEAR:

BRENDON EVERS



May Update continued from pg. 1

attending the two-day camp with the Jenks and Broken Arrow programs.

After the completion of team camp Thursday June 2nd, we will travel home via Stillwater to take our players on a tour of the Oklahoma State Football facility. Coach Gundy and his staff are so gracious to give our athletes a tour of one of the best football facilities in the country. It has been a tradition of our program to tour either OU or the OSU football facilities each year after team camp.

We will begin our S.P.A. program on June 13th. Our strength program at Bixby is among the best in the state. Each year we continue to find ways to make improvements to our program. Recently Coach Gilligan installed 36 tablets and Teambldr software for each power rack in our weight room. Teambldr is technology that gives our staff instant data and feedback on each of our athletes. [Click HERE to read all about Teambldr software.](#)

Thank you to everyone who came out and participated in our 5th Annual Bixby Spartan Football Golf Scramble. The tournament was our largest ever thanks to the hard work by James and Caroline Nichols and the rest of our gracious Quarterback Club volunteers. I was fortunate enough to play with past QBC presidents Keith Kirk and Brad Dyson. We had a wonderful time playing in this great event!

As usual we have a busy summer planned. Thank you so much for supporting your child by making sure they are in attendance each day!
Sincerely,

2016 MUSTANG HIGH METRO TEAM CAMP



JUNE 1ST - 3RD

PARTICIPATING TEAMS:

- BIXBY
- MUSTANG
- EDMOND SANTA FE
- MIDWEST CITY
- BISHOP MCGUINNESS
- SOUTHMOORE
- MOORE
- ALTUS
- LAWTON MACARTHUR
- SHAWNEE
- OKC DOUGLAS
- MCCLOUD
- OKLAHOMA CHRISTIAN
- DICKSON
- DIBBLE
- MT. SAINT MARY'S
- MINCO
- WESTMOORE
- ENID

SPEED * POWER* AGILITY

Signups for Bixby Spartan Summer Camps is open. Signup, Register, and get all the info you need by clicking

[HERE.](#)



| | | | |
|-----------------|-----------------|------------------|---------------|
| Aaron Levin | Josh Littlehead | Andrew Plumlee | Josh Neerman |
| Blake Behrens | Josh Owens | Brendon Evers | Justin Smith |
| Bret Northrup | Kory Soendker | Brooks Hassleman | Lance Edwards |
| Bryce Bray | Levi Harper | Bryce Hendrix | Matt Smith |
| Cade Cannon | Nick Carson | Caden Rhine | Nick Nichols |
| Chandler Price | Nick Swanson | Chase McBee | Nick Warren |
| Chris Thomas | Pierce Hibblen | Clayton Barbour | Rush Lakin |
| Coby Tillman | Ryan Matthews | Cody Adams | Isaiah Lakin |
| Colten Cable | Tanner Griffin | Colton Tafoya | Tanner Minick |
| Colyn Farley | Trevor Gavin | Drake Allen | Tucker Pawley |
| Eric Johnson | Tyler Minick | Hunter Lowry | Will Fiser |
| Isaac Hernandez | Zach Taylor | Jake Wright | Zi Albert |
| Joey Homan | Cade Cavender | Jonathan Wrona | Brody Sartin |
| Staton King | | | |

| Varsity | | |
|----------|---|--------|
| 8-19-16 | Bixby Fall Classic | 6:00pm |
| 8-25-16 | Yukon Preview @ Yukon H.S. | 6:00pm |
| 9-2-16 | @ Jenks | 7:30pm |
| 9-9-16 | @ Bentonville, AR | 7:00pm |
| 9-16-16 | Vs. Putnam City (Military Appreciation) | 7:00pm |
| 9-23-16 | Vs. Westmoore | 7:00pm |
| 9-30-16 | @ Muskogee | 7:00pm |
| 10-7-16 | Vs. Sapulpa | 7:00pm |
| 10-14-16 | @ Ponca City | 7:00pm |
| 10-20-16 | Vs. Bartlesville (Thursday) | 7:00pm |
| 10-28-16 | @ Tulsa Washington | 7:00pm |
| 11-4-16 | Vs. Sand Springs | 7:00pm |
| 11-11-16 | Playoffs 1st Round | TBA |
| 11-18-16 | Playoffs Semifinals | TBA |
| 12-2-16 | 6All State Championship | TBA |



Club 300

Mason Yelton- 2012
 Chandler Miller- 2013
 Jon Kuhn-2013
 Matthew Dreyer- 2013
 Casey Saied-2014
 Brandon Dyson- 2014
 Nick Roller- 2014
 Brendon Evers- 2014
 Kress Woodward- 2015
 Jake Spriggs- 2015
 Pierce Hibblen- 2016
 Coby Tillman- 2016

DATES TO REMEMBER

| | | |
|---------|-----------|---|
| 5-31-16 | Tuesday | Varsity Workouts and Spring Practice |
| 6-1-16 | Wednesday | Team Camp @ Mustang |
| 6-2-16 | Thursday | Team Camp @ Mustang, Tour OSU Facilities |
| 6-3-16 | Friday | Team Camp @ Mustang |
| 6-6-16 | Monday | Off the entire week 6-6-16 through 6-10-16 |
| 6-13-16 | Monday | S.P.A. Begins |
| 6-14-16 | Tuesday | Passing league @ Bixby 1pm (9 th -12 th Grades) |
| 6-18-16 | Saturday | Shamrock 7 on 7 Tournament @ OKC McGuinness H.S. |
| 6-21-16 | Tuesday | Passing League @ Bixby 1pm (9 th -12 th Grades) |
| 6-21-16 | Tuesday | 15 th Annual Eastern OK OL Camp @ Bixby 10am-3pm |
| 6-22-16 | Wednesday | Day 2 Eastern OK OL Camp @ Bixby 10am-3pm |
| 6-28-16 | Tuesday | Passing League @ Bixby 1pm (9 th -12 th Grades) |
| 7-4-16 | Monday | OFF |
| 7-5-16 | Tuesday | OFF |
| 7-7-16 | Thursday | Passing league @ Bixby 1pm (9 th -12 th Grades) |
| 7-12-16 | Tuesday | Passing League @ Bixby 1pm (9 th -12 th Grades) |
| 7-15-16 | Friday | Elite 7 on 7 in Springdale, AR |
| 7-16-16 | Saturday | Elite 7 on 7 Springdale, AR |
| 7-20-16 | Wednesday | Night of Champions @ Lee Snider Field 8:15pm |

For a Complete List of upcoming Dates [Go HERE](#) to download our calendar