

COACH SPEAK



MONTHLY NEWSLETTER TO PARENTS AND BOOSTERS

March 2014

MISSION: Bixby Spartan Football will be respected as the very best program in 6A at developing young men.

Dear Spartan Supporters,

It is hard to believe that Spring Break 2014 has already gone! Many of our players took destination vacations and hopefully recharged their batteries for the last 6 weeks of off-season training before we begin our spring drills.

We will begin helmets only spring drills Monday May 5th. At this time we will start our installation process during 7th hour. We will also begin the "Spring Ball" phase of weight training and all football players will lift each morning from 7:30am- 8:15am. 7th hour will be reserved for our regulation one hour of football related drills.

We will begin our official full pads Spring Practice on Monday May 19th after all second sport athletes return from state baseball and track. During this period we are allowed 2 hour blocks for practice. We will continue with our "Spring Ball" phase of weight training at 7:30am during this time.

Please make plans to attend our [3rd Annual Bixby Spartan Football Golf tournament](#). Each player is encouraged to solicit a team of four, or a hole sponsor. As a reward, any player who secures a team or hole sponsor, will receive an Under Armour backpack with their name and

(Continued on Page 2 March Update)



Leadership Series: **DISCIPLINE**

(Excerpts from "Better Under Pressure" by Justin Menkes)

"For most people, the risks associated with any situation dominate their attention.... As a result, once children grow into adulthood, their behavior tends toward avoidance, designed to minimize confrontations with risk, danger, or other unpleasantness."

"If you as a leader can help your people realize their own innate need to master new accomplishment, you have realized an opportunity that will be critical for all leaders to survive in today's world."

"...the happiest and most satisfied people tend to spend the majority of their time and energy in effortful activities, not leisure. This is because self-esteem can only be generated by distinguishing yourself through purposeful work."

We believe that football teaches our young men to be warriors and leaders in today's society. It teaches them not to be afraid of failure, and that real joy comes through working towards a cause larger than themselves.

March Update continued from pg. 1

number on it. We hope to fill our tournament once again this year. Our golf tournament kicks off our fundraising for the year, and is a big contributor to all of the wonderful gear, facilities, etc. that our quarterback club provides for our players. The tournament will be at Whitehawk Golf Course on May 31st at 1:00pm.

Wednesday March 26th we will be hosting a Genghis Grill Fundraiser night. Please make plans to eat at the Bixby or Cherry Street location and let them know you are there to support Spartan Football. We will get 20% of the revenue from Spartan Fans. Genghis Grill is one of our largest sponsors, so we want to make this big!

Finally we are excited to announce the first annual "Spartan Challenge". This will be a Crossfit Style competition with the mission of showcasing our facilities as well as raising money for custom dumbbells in our new strength facility. Coach Schneider is taking the lead on this project, so make plans to compete or attend on Saturday May 3rd. Check out Battle for Bixby on Facebook for more information!

It's a great day to be a Spartan!



New UA BLUR CHROME Cleats 2014

2014



Cody Adams	Zach Brown
J.J. Cantrell	Ryan Matthews
Blake Cooper	Brandon Dyson
Mason Gist	Austin Grotts
Logan Guiver	Grady Hanifin
Broderick Hood	Jacob Hudson
Matt Iden	Jordan Johnston
Jared Kerr	Ryan King
John Nipps	Miller Palmer
Adrian Mica	Brandon Newman
Oliver Pate	Kyle Rhine
Nic Roller	Casey Saied
Pierce Hibblen	Aaron Levin
Luke Schnare	Jeff Shemanske
Grant Simmons	Jake Spriggs
Zach Stephens	Jed Stinson
Conner Walker	Max Whitney
Kress Woodward	Brendon Evers



Spring Player Packs



Bixby High School is one of only 79 Under Armour "Undeniable" high schools in the United States. As part of this honor, our players are offered the newest and best products (such as this brand new UA Blur cleat) at highly discounted prices. We have extended our spring ball player pack until April 1st. Click on this link below to order your player pack that will be delivered to the high school. Offer good for Spartans of all ages. [SPRING BALL PLAYER PACK](#)

2014 OFBCA State Powerlifting Qualifiers

- 197- Casey Saied
- 242- Oliver Pate
- 242- Mathew Dreyer

2014 [FOOTBALL SCHEDULE](#)

8-22-14	Bixby Fall Classic	TBA
8-29-14	Scrimmage 2	TBA
9-05-14	@ Jenks	7:30
9-12-14	@ East Central	7:00
9-19-14	Vs. Springdale	7:00
9-26-14	Vs. Claremore	7:00
10-03-14	@ Bartlesville	7:00
10-10-14	Vs. Ponca City	7:00
10-16-14	@ Sapulpa (Fall Break)	7:30
10-24-14	@ Booker T. Washington	7:00
10-31-14	Vs. Muskogee	7:00
11-07-14	Vs. Sand Springs	7:00

BIXBY SPARTAN ALL-STATE FOOTBALL

YEAR	PLAYER	COACH	YEAR	PLAYER	COACH
1958	Mark Gibson	Red Rogers	1989	Tim Sefcik	Koester
1959	John Porterfield	McKenzie	1992	Jimmy Roller	Rick Rogers
1960	Jerry Lawhorn	Snider	1993	Tancy Evans	Rick Rogers
1965	Danny Willis	Snider	1993	Jeremiah Johnston	Rick Rogers
1965	John Giles	James	1994	Mitch Minik	Rick Rogers
1967	Roger Dicus	James	1995	Jeremy Meadors	Rick Rogers
1970	Robert Cox	Davis	1995	Jared Williams	Rick Rogers
1970	Butch Davis	Davis	1996	Jeff Taylor	Rick Rogers
1977	Ed Johnson	Graham	2002	Shane Davison	McGrew
1978	Marshall Goff	Graham	2005	Ben Tucker	McGrew
1978	Kevin Stringfellow	Graham	2006	Marshall Fraley	McGrew
1980	Tim Gibbs	Snider	2007	Chase Boles	McGrew
1983	Victor Moore	Snider	2007	Chris Harris	McGrew
1983	Todd Krehbiel	Snider	2008	Beau Bentley	McGrew
1984	Brad Best	Snider	2008	Jake Morgan	McGrew
1986	Roger Gibbs	Koester	2009	DeWitt Jennings	McGrew
1986	Gill Johnson	Koester	2012	DeAndre Jennings	Montgomery
1988	Keith Roller	Koester	2013	Chandler Miller	Montgomery
1988	Jason Stubbs	Koester	2013	Matthew Dreyer	Montgomery



**3rd Annual Bixby Spartan Football
 Golf Scramble
 Saturday May 31st, 2014 1PM Shotgun Start
[Click Here for Signup Forms](#)**